



# THE PRESIDENT'S AWARD

## For Youth Empowerment Trust

INPRM04

# GUIDELINES ON THE RESIDENTIAL PROJECT

## GOLD LEVEL ONLY

### AIM:

To broaden experience through involvement with others in a residential setting.

### ETHOS:

The Residential Project gives participants a shared purposeful experience with people who are not their usual companions, working towards a common goal. It should be an experience that broadens the participant's outlook and horizons.

### BENEFITS:

The specific benefits to the participant will obviously depend on the type of residential experience chosen.

Some general benefits include:

- Meeting new people
- Experiencing an unfamiliar environment
- Building new relationships
- Working as part of a team
- Accepting responsibility
- Developing communication skills
- Showing initiative
- Learning new skills or enhancing existing ones
- Enjoying living and working with others

### REQUIREMENTS:

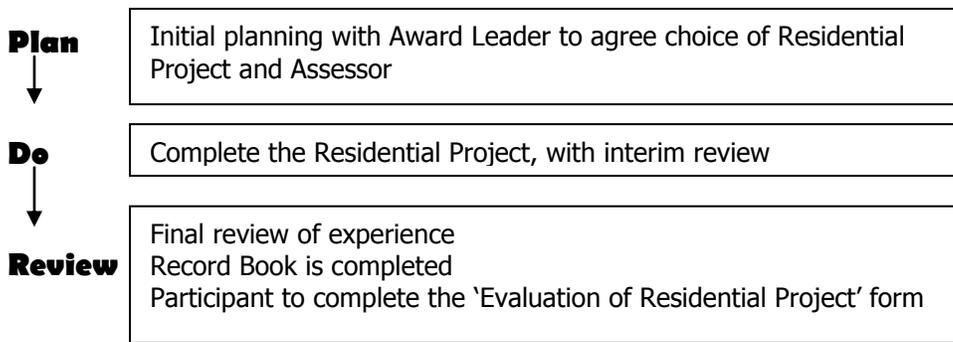
This is only at Gold level.

Participants are required to undertake a shared purposeful activity, with people who are not their usual colleagues or friends, in an unfamiliar residential setting. The activity should take place over a period of at least four nights and five consecutive days.

In exceptional circumstances, the commitment may be spread over two weekends. In these circumstances, the same activity must be pursued over both weekends and must take place within the same 12 month period.

The Residential Project may be related to activities followed in other Sections of the Award.

## THE PROCESS:



**Plan** – Participants should discuss their area of interest with the Award Leader before choosing a Residential Project. It requires a significant personal investment of time, and sometimes money, and the participant should be encouraged to choose wisely from suitable opportunities.

*(Participant to complete the “Proposed Residential Project-form PRM12”, and hand to Award Leader for discussion)*

**Do** - Before starting the residential experience, participants should remind the chosen Assessor that they are undertaking the activity as part of their Gold Award.

**Review** - Participants should have the opportunity to review their experience with the Assessor at an interim point of the residential activity and at the end.

The participant should be assessed on:

- Personal standards (application, punctuality, and so on)
- Relationship with others on the activity
- Willingness to show initiative and take responsibility
- Development of skills throughout the activity

Once this review is completed, the Assessor should complete and sign the Record Book, adding positive comments.  
*(Participant to complete the “Evaluation of a Residential Project-Form PRM16”, to reflect and finalise the process.)*

## EXAMPLES:

There are many different opportunities for completing a Residential Project. Some suitable categories and examples are listed below. It is worth re-emphasising that the activity must be purposeful – it is not a holiday!

- **Personal training courses:** residential language courses; ecology study course; leadership training; skills development; youth camps; youth parliaments etc.
- **Environment and conservation projects:** environment clean up; volunteer work with national parks; research on habitats and ecosystems; restoration of buildings
- **Service to other people and communities:** provision of facilities; construction projects; assisting as a leader at an annual camp for young people; working with overseas aid charity; working in a care home or hospital
- **Activity based:** outdoor adventure courses; sports coaching; sport skills development; tall ship race etc

There are a huge range of organizations offering residential experiences. For some of these, see the links to supporting organizations on [www.intaward.org](http://www.intaward.org) or your own NAA website.